

WCCHIC Meeting Minutes 4-19-2022 – Table of Contents

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General Minutes:

- All breakout groups/subcommittees to meet on their own in between quarterly WCCHIC meetings
- Mental Health/Substance Use subcommittee meeting on **May 6th, 10:30a @ the Washington Diner in Washington, NJ**. Reach out to Stephanie Nienstedt at snienstedt@co.warren.nj.us if you'd like to join
- [Cross Collaborative Mental Health Forum: Discussion and Q&A May 4th, 11am on Zoom.](#)
- Subcommittee meetings will be posted on the WCCHIC directory here: <https://docs.google.com/spreadsheets/d/1mGspv736XhVWvT7hf4qSUZY1sPrwGdTLExUtvN-Lpqk/edit#gid=668246350>
 - If you'd like to schedule a subcommittee meeting for your breakout group, please let Pauline know and I will send out a message as well as add it to the calendar.
- Mary Jo Harris (Warren County's Overdose Fatality Review Coordinator) gave a presentation on the Overdose Fatality Review Team (OFRT). If you're interested in joining the OFRT, please reach out to Mary Jo at mharris@co.warren.nj.us
- If you have not yet submitted your smart goals, please email them to pshehata@co.warren.nj.us
- **Next meeting: Tuesday, July 26th 2022 from 10a – 12p in person, location TBD**
- 19 members were in attendance: Pauline Shehata, Mary Guglielmo, Christine Cameron, Kristi Bray, Giorgina Jones, Laura Dela Cabada, Stephanie Nienstedt, Jessica Dunston, Caitlin Hurley, Sarah Lake, Sharon Green, Katie Stewart, Mary Jo Harris, Pete Summers, Helen Batch, Leslie Towns, Jessica Szczepainik, Deborah Magalhaes, Courtney Sartain

Chronic Disease Breakout Group Minutes

Attendees: Laura Dela Cabada, Giorgina Jones, Helen Batch, Christine Cameron, Jessica Dunston, Sharon Green, Deborah Magalhaes

GOALS

NJ CEED-

NORWESCAP

Contact Name: Jessica Dunston

GOAL:

To address mostly the basic needs of individuals receiving Cancer Screenings, and be able to navigate/ provide/address additional Primary care needs such as:

Dental care, Nutrition, OBGYN/ Breast screenings, Skin care, Prostate Screenings etc.

OBJECTIVE:

Increase the resource directory of doctors participating in NJCEED by at least 3 within 6 months.

HOW:

Outreach/ Make Phone calls/ Post Flyers/ Network with other agencies/ Invite doctors/hospitals to Events/ Webinars.

TIMEBOUND:

Solicit at least one doctor within a 2-month period.

One every 2 months = 3 within 6 months.

COVID-

Warren County Health Dept.

Contact name: Laura De La Cabada

Goal:

To Increase the number of adult and children who receive the Initial Covid vaccine and booster vaccines.

OBJECTIVE:

Provide education, promote awareness, and increase knowledge of the importance of receiving Covid vaccinations and boosters.

Specifically targeting Spanish-speaking populations by raising awareness of and providing assistance with translation of Covid materials.

Provide transportation exclusively to those who want access to Covid vaccines and boosters.

HOW:

Community Outreach / Flyers / Community Outreach Events /

TIMEBOUND:

4 to 6 MONTHS

Provide clinics every other Thursday

Collaborate with WC Nursing Department to provide vaccinations to seniors

Continued Outreach.

NUTRITION-

WC Office of Aging & Disabilities Service

Contact name: Sharon Green

Goal:

To increase awareness and educate seniors and persons with disabilities about eating healthy and the benefits of exercise and socialization to prevent Chronic illnesses in our community and at our four community centers in Warren County.

OBJECTIVE:

Encourage adults to attend our community center to have lunch, or to participate in exercise and social events to increase nutrition education and socialization to improve their overall health.

Promote healthy exercise regimens to adults and seniors by offering various programs including Tai Chi, Chair Yoga, Chair Zumba, and Meditation.

HOW:

Post menu and calendar of events on County website and County Facebook page in addition to circulating flyers. Providing outreach in the community including attending other events in the community. Collaborate with other agencies to increase community center attendance.

Provide nutrition education presentations and materials online and at the four community centers.

Distribute Senior Farmer Market Vouchers to encourage eating healthy fruits and vegetables obtained at participating local farms and markets.

TIMEBOUND:

Increase attendance at each community center by 5 people each quarter over the next year.

Maternal & Child Health Subcommittee Minutes

Attendees: Caitlin Hurley, Katie Stewart, Leslie Towns

Maternal Child Health Work Group Discussion (SMART goals TBD)

Project Self-Sufficiency representative, Kaitlyn:

Programs serving Warren County:

Central Intake (low usage in WC)

Healthy Families (full with a wait list for WC)

Nurse Family Partnership (openings in WC)

Referrals for programs:

St. Luke's Caring for Women

Coventry Family Practice

Barriers:

Nurse Family Partnership – requirements: a) 1st time pregnant Mom and b) under 28 weeks

1. They find out that they have other children
2. Increase in teen Moms; not interested in program, going to school, difficult to keep them engaged

Partnership for Maternal & Child Health of Northern New Jersey representative, Leslie Townes:

Program serving Warren County:

Parents as Teachers

Normal capacity = 50 families (with Leslie and 2 parent educators)

Due to pandemic and present job market, parent educators have found other jobs. Leslie is working with 5 families and trying to manage other families through texts/emails, but not able to provide home visits.

Need: parent educators (requirement – experience working with children 0-3 years old)

Barriers: vaccination mandate and very low salary

Other need: mental health services for low income population and who are bilingual

Observation: Since pandemic, have seen an increase in births

Mental Health/Substance Use Subcommittee Minutes

Attendees: Mary Guglielmo, Stephanie Nienstedt, Mary Jo Harris, Sarah Lake, Kristi Bray, Jessica Szczepanik

Next mental health/substance use subcommittee meeting at the Washington Diner on May 6th, 10:30a Reach out to Stephanie Nienstedt at snienstedt@co.warren.nj.us if you'd like to join

Possible letter of support from Chic or OFRT to the schools to build relationships.

Hispanic Resource Center possibly talk to parents about prevention, student surveys, etc.

Idea of a parent PRIDE survey along with the student surveys

Ask for MRSS youth data

Came up with a draft SMART goal.

S: Decreasing underage drinking in Warren County

M: Pride survey, Partnership for Success Logic Model data

A: Increase data collection by 10%

R: Decrease underage drinking

T: by September 2022

May 6th subcommittee will be meeting at the Washington Diner at 10:30 am

Healthy Aging Subcommittee Minutes

Attendees: Pete Summers, Pauline Shehata

Access to Care

Issue: Internet access to be able to schedule appointments

- Solution: offer more walk-in clinics/options for
- Solution: identify technology assistance services within the county for seniors & make them aware of it. If already exists, find ways to spread the word

Issue: Transportation services lacking for homebound residents/those without access to a car or ability to drive

- Solution: offer more homebound services
- Solution: offer more

Issue: Hard to reach seniors who have zero access to phone/internet

- Solution: Identify which household house seniors & mail program flyers to those 65+